

## Thursday 16th June

9:00 – 12:30	FREE Health check (40 – 75 yrs) Please call 01924 351508 to book yours	Chickenley Community Centre
11:00 – 11:45	FREE Short Gentle Health Walk	Chickenley Community Centre
12:00 – 13:00	FREE Luncheon Club (Over 45's) (Booking Essential)	Chickenley Community Centre
13:30 onwards	FREE Savile Town Wharf Canal Boat trips (Booking essential for trip and transport) (Over 45's)	Meet point at the Chickenley Community Centre
18:45 – 21:00	Youth Club	Chickenley Community Centre

## Friday 17th June

13:30 – 15:30	FREE Easy painting and social afternoon (Over 45's) (Booking Essential)	Chickenley Community Centre
13:30- 15:30	FREE Health check (40 – 75 yrs) Please call 01924 351508 to book yours	Chickenley Community Centre

If you require FREE transport from your home to any of the activity locations highlighted above please call the booking line below.

**Booking Line for transport & activities:** [Chickenley Community Centre](#)  
**01924 324 961** or  
**Kelly Brown 01484 234092**

**For all general enquiries or advice please call:** [Chickenley Community Centre](#)  
**01924 324 961** or  
**Kelly Brown 01484 234092**



safer communities, healthier lives

The Base Kirklees

# getactiveweek Dewsbury

in Chickenley  
**Monday 13 to Friday 17 June**



## Monday 13th June

9:00-12:00	FREE Health check (40 – 75 yrs) Please call 01924 351508 to book yours	Chickenley Community Centre
12:00 – 15:00	FREE War Time Tea dance & Luncheon Club with a live singer (Over 45's) (Booking essential)	Chickenley Community Centre
18:00 – 18:45	ZUMBA	Chickenley Community Centre
18:45 – 21:00	Youth Club	Chickenley Community Centre

## Tuesday 14th June

10:00 – 16:00	FREE Mobile Community studio well-being information that matters	Crown inn car park
10:30- 11:30	FREE Gentle Health walk	Chickenley Community Centre
10:30 – 12:30	FREE Gardening club & Lunch (Booking Essential)	Chickenley Community centre
13:15 – 15:00	Outdoor Play Under 5's & Parent	Chickenley Children's centre

## Wednesday 15th June

9:00 – 13:00	Free Health checks	Thornhill Lees Community Centre
9:30 – 11:30	Outdoor Play Under 5's & Parent	Chckenley Children's Centre
10:00 – 16:00	FREE Mobile Community studio well-being information that matters	Crown inn car park
11:00 – 12:00	FREE Gentle Chair Exercise to the sounds of the fab 50's (booking essential)	Chickenley Community Centre
20:00 – 20:45	ZUMBA	Chickenley Community Centre



Supported by Dewsbury Committee

[www.time2beactive.co.uk](http://www.time2beactive.co.uk)



Kirklees